

GRANDPARENTS RAISING GRANDCHILDREN

January, 2016

Are you a grandparent raising grandchildren?
Do your grandchildren have problems in school?
Are your children causing legal issues or financial problems?

You could use a support group!

Contact Debbie Waters at: debbie32410@gmail.com or
Eve Clark at: evepattersonclark@gmail.com.

Meetings held the 2nd Tuesday of the month at a Panama City restaurant (rotates).

All grandparents raising grandchildren or others raising the children of relatives welcome.

Articles of Interest

Dealing with Depression

<https://triggered.clockss.org/ServeContent?url=http://archfami.ama-assn.org%2Fcgi%2Freprint%2F6%2F5%2F445.pdf>

Physical and emotional health...

<http://gerontologist.oxfordjournals.org/content/32/6/752.short>

From Grandparent to Caregiver

<http://www.familiesinsocietyjournal.org/doi/abs/10.1606/1044-3894.177?code=afcf-site>

“Raising grandchildren is a tremendous emotional and financial responsibility. Often this responsibility is unexpected and due to poor life choices made by your own children. Being able to share experiences with others in similar situations can help to relieve stress and help you dis-





Photo Caption

Second Story Headline

Place your stories in order of their importance. For example, your most important story should be at the top of the page. Less important stories, or stories that may appeal to a smaller portion of your audience should be lower down on the page.

Use paragraphs often. A wall of white text makes it hard for the reader to skim a story and find a way to quickly drop in and out of your content. White space gives the user an opening into your information. Don't be afraid to leave spaces open.

You might also designate a consistent spot on the page for lighter, or more editorial content. That way the reader always knows where to look for a certain type of content.

Most successful publications include a mix of content types to satisfy a wide range of tastes. Consider putting your most serious content on the front page, and your lighter content inside.

It's called a story for a reason

Integrate frequent headlines to announce different sections of your story. Consider writing your content in a personal tone, in the same way you might talk to someone sitting across from you at a restaurant.

Include paragraph breaks often

Use paragraphs often. A wall of white text makes it hard for the reader to skim a story and find a way to quickly drop in and out of your content. White space gives the user an opening into your information. Don't be afraid to leave spaces open.

Another Story Headline

Place your stories in order of their importance. For example, your most important story should be at the top of the page. Less important stories, or stories that may appeal to a smaller portion of your audience should be lower down on the page.

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Photo Caption

Sidebar Story Headline

Sidebars complement a main article. Use them when you want to keep your main articles direct and information packed, but you still want to share extra or supplementary content.

For example, if your main story is about your new building plans, consider using the sidebar to talk about the history of the land plot, or to tell a story of your first encounter with the property.



Photo Caption

Another Story Headline

Your headline is an important part of the newsletter and should be considered carefully.

In a few words, it should accurately represent the contents of the story and draw readers into the story. Develop the headline before you write the story. This way, the headline will help you keep the story focused. Examples of possible headlines include Selling Your Home and New Office Opens Near You.

If you have to break a headline into two rows, try to find a natural break in the content. Each line should stand alone so that your readers can easily understand what is in the story even while skimming.

Newspaper editors consider headline writing like poetry. How can you get the reader's attention and draw them into the story in only a few words?

Meanwhile, you don't want to give too much away, or the reader doesn't even have to read the story to understand the content.

Back Cover Story Headline

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Northwind Traders brings you the world

Northwind Traders
4567 Main Street
Raleigh, NC 02134-0000

Contact Us

Give us a call for more information about our services and products

Northwind Traders
4567 Main Street
Raleigh, NC 02134-0000

(555) 555-0123

email@sample.com

Visit us on the web at
www.northwind.com

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