Gulf District Schools

SEPTEMBER, 2017

LUNCH MENUS

Aug 23, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
				Sep - 1 HAMBURGER ON A B DIRTY POTATOES LETTUCE & TOMATO FRUIT COCKTAIL Pickle, hamburger KETCHUP MAYONNAISE MUSTARD MILK - Variety
Sep - 4 HOLIDAY	Sep - 5 CHICKEN & RICE CABBAGE STEAMED APPLESAUCE,SWEET Graham Crackers ROLLS, 2 OZ. (FLOWE MILK - Variety	Sep - 6 HAM SANDWICH Cheese, stick QUICK BAKED POTAT PICKLES,DILL PEACHES LETTUCE & TOMATO KETCHUP MUSTARD MAYONNAISE MILK - Variety	Sep - 7 BBQ Turkey on Bun Tater Tots PINEAPPLE CHUNKS COLE SLAW KETCHUP MILK - Variety	Sep - 8 CHICKEN FAJITAS CORN CHEESE, CHEDDAR S LETTUCE & TOMATO ORANGE JUICE SALSA MILK - Variety
Sep - 11 CHILI CON CARNE & COLE SLAW CRACKERS CARROT CAKE MILK - Variety	Sep - 12 HOT DOG ON A BUN HOT DOG, REGULAR (FRENCH FRIES GREEN PEAS MUSTARD KETCHUP CHOCOLATE CAKE MILK - Variety	Sep - 13 SPAGHETTI AND MEA GREEN BEANS PEACHES ROLLS, 2 OZ. (FLOWE MILK - Variety	Sep - 14 CHICKEN NUGGET MACARONI AND CHE MIXED VEGETABLES APPLESAUCE,SWEET MILK - Variety	Sep - 15 BREADED POPCORN BAKED BEANS COLE SLAW PEARS HUSH PUPPY MILK - Variety
Sep - 18 PIZZA W/PORK TOPPI CARROT STICKS GARDEN SALAD RANCH DRESSING KETCHUP PEARS MILK - Variety	Sep - 19 BEEF-A-RONI GREEN BEANS PEACHES ROLLS, 2 OZ. (FLOWE MILK - Variety	Sep - 20 HAMBURGER ON A B DIRTY POTATOES LETTUCE & TOMATO Pickle, hamburger FRUIT COCKTAIL KETCHUP MAYONNAISE MUSTARD MILK - Variety	Sep - 21 CHICKEN,OVEN RICE,Cooked White TURNIP GREENS BROWN GRAVY HUSH PUPPY APPLESAUCE MILK - Variety	Sep - 22 TURKEY W/CHEESE S BUN, HAMBURGER QUICK BAKED POTAT LETTUCE & TOMATO Pickle, hamburger APPLE CRISP KETCHUP MUSTARD MAYONNAISE MILK - Variety
Sep - 25 TACO,BEEF LETTUCE & TOMATO PINTO BEANS CHEESE, CHEDDAR S SALSA PEACHES MILK - Variety	Sep - 26 CHICKEN FAJITAS CORN CHEESE, CHEDDAR S LETTUCE & TOMATO ORANGE JUICE SALSA MILK - Variety	Sep - 27 BBQ Turkey on Bun Tater Tots PINEAPPLE CHUNKS COLE SLAW KETCHUP MILK - Variety	Sep - 28 PIZZA W/PORK TOPPI CARROT STICKS GARDEN SALAD RANCH DRESSING KETCHUP PEARS MILK - Variety	Sep - 29 BURRITO, BEEF CORN ON THE COB GREEN PEAS FRUIT COCKTAIL CHOCOLATE CAKE MILK - Variety

ALL BREAD PRODUCTS MUST BE WHOLE GRAIN.

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**
*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.