

# Gulf District Schools

## BREAKFAST MENU

OCTOBER, 2018

Sep 21, 2018

Page 1

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 1 SCRAMBLED EGGS TOAST BUTTER PATTY JELLY FRUIT COCKTAIL MILK - Variety	Oct - 2 BISCUIT w/SAUSAGE GRITS BUTTER PATTY JELLY ORANGE JUICE MILK - Variety	Oct - 3 CHEESE TOAST SAUSAGE PATTY FRUIT JUICE,ASSORT MILK - Variety	Oct - 4 PANCAKES W/BUT&S BUTTER PATTY SYRUP SAUSAGE PATTY MILK - Variety	Oct - 5 CEREAL,VARIETY TOAST FRUIT COCKTAIL BUTTER PATTY JELLY MILK - Variety
Oct - 8 OATMEAL BUTTER PATTY SAUSAGE PATTY FRUIT JUICE,ASSORT MILK - Variety	Oct - 9 SCRAMBLED EGGS CHEESE TOAST PEARS MILK - Variety	Oct - 10 BISCUIT w/SAUSAGE GRITS BUTTER PATTY JELLY ORANGE JUICE MILK - Variety	Oct - 11 CHEESE TOAST SAUSAGE PATTY FRUIT JUICE,ASSORT MILK - Variety	Oct - 12 CEREAL,VARIETY TOAST BANANA BUTTER PATTY JELLY MILK - Variety
Oct - 15 HOLIDAY	Oct - 16 HOLIDAY	Oct - 17 PANCAKES W/BUT&S BUTTER PATTY SYRUP SAUSAGE PATTY MILK - Variety	Oct - 18 SCRAMBLED EGGS CHEESE TOAST PEARS MILK - Variety	Oct - 19 CHEESE TOAST SAUSAGE PATTY FRUIT JUICE,ASSORT MILK - Variety
Oct - 22 CEREAL,VARIETY TOAST BANANA BUTTER PATTY JELLY MILK - Variety	Oct - 23 OATMEAL BUTTER PATTY SAUSAGE PATTY FRUIT JUICE,ASSORT MILK - Variety	Oct - 24 CHEESE TOAST SAUSAGE PATTY FRUIT JUICE,ASSORT MILK - Variety	Oct - 25 SCRAMBLED EGGS CHEESE TOAST PEARS MILK - Variety	Oct - 26 CEREAL,VARIETY TOAST BANANA BUTTER PATTY JELLY MILK - Variety
Oct - 29 PANCAKES W/BUT&S BUTTER PATTY SYRUP SAUSAGE PATTY MILK - Variety	Oct - 30 BISCUIT w/SAUSAGE GRITS BUTTER PATTY JELLY ORANGE JUICE MILK - Variety	Oct - 31 CHEESE TOAST SAUSAGE PATTY FRUIT JUICE,ASSORT MILK - Variety		

ALL BREAD PRODUCTS MUST BE WHOLE GRAIN.

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**